

JAMIE GOLD

CKD, CAPS, MCCWC

Wellness Design Consultant
Award-Winning Author & Speaker

HIGHLIGHTS

*Wellness by Design:
A Room-by-Room Guide to
Optimizing Your Home for Health,
Fitness and Happiness*
(Simon & Schuster/
Tiller Press, 2020)

Wrote two design books for
The Taunton Press

Network Contributor to Forbes.com

Trend Spotting columnist for *Kitchen
& Bath Design News*

Named to Top 50 Innovators list by
national magazine

National Kitchen & Bath Association
Chapter Presenter

International Builders' Show
Presenter

Kitchen & Bath Industry Show
Presenter



jamiengold.net

2022 MEDIA KIT



CREDENTIALS

- Certified Kitchen Designer
- Mayo Clinic Certified Wellness Coach
- Certified Aging in Place Specialist
- Best-selling design book author

SELECT PUBLICATION CREDITS

- Forbes.com
- House Beautiful
- Design Milk
- Kitchen & Bath Design News
- Los Angeles Times
- Blue Zones



Simon & Schuster's first,
definitive consumer guide
to wellness design

Winner, Bruss Book Award
(Silver, 2021)

EXPERIENCED MEDIA RESOURCE

Insights and quotes for print or online articles
Radio or podcast appearances
Radio, TV, or original articles or reprints
Media event appearances

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