

JAMIE GOLD

CKD, CAPS, MCCWC

Wellness Design Consultant
Award-Winning Author & Speaker

HIGHLIGHTS

*Wellness by Design:
A Room-by-Room Guide to
Optimizing Your Home for Health,
Fitness and Happiness*
(Simon & Schuster, 2020; Bonus Chapter, 2023)

Wrote two best-selling design books
for The Taunton Press

Network Contributor to Forbes.com

Trend Spotting columnist for
Kitchen & Bath Design News

Named to Top 50 Innovators list by
national magazine

National Kitchen & Bath Association
Chapter Presenter

Kitchen & Bath Industry Show,
Coverings, International Builders' Show
Presenter

San Diego Union-Tribune
Festival of Books Presenter



jamiengold.net

2024 MEDIA KIT



CREDENTIALS

- Mayo Clinic Certified Wellness Coach
- Best-selling Design Book Author
- Certified Aging in Place Specialist
- Certified Kitchen Designer

SELECT PUBLICATION CREDITS

- Forbes.com
- House Beautiful
- Design Milk
- Kitchen & Bath Design News
- Los Angeles Times
- Blue Zones



Simon & Schuster's first,
definitive consumer guide
to wellness design

Winner, Bruss Book Award
(Silver, 2021)

National Association of
Real Estate Editors

EXPERIENCED MEDIA RESOURCE

Insights and quotes for print or online articles
Radio, TV, podcast, vodcast interviews
Media event appearances

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